




Peer-reviewed articles

- 📖 **Bélanger, M-E.**, Bernier, A., Simard, V., Desrosiers, K., & Carrier, J. (submitted). Sleeping toward behavioral regulation: Relations between sleep and externalizing symptoms in toddlers and preschoolers. *Journal of Clinical Child and Adolescent Psychology*.
- 📖 **Bélanger, M-E.**, Bernier, A., Simard, V., Bordeleau, S., & Carrier, J. (2015) Objective and subjective measures of sleep among preschoolers: Disentangling attachment security and dependency. *Monographs of the Society for Research in Child Development*, 80, 125-140. doi: 10.1111/mono.12148
- 📖 **Bélanger, M-E.**, Simard, V., Bernier, A., & Carrier, J. (2014). Investigating the convergence between actigraphy, maternal sleep diaries and the Child Behavior Checklist as measures of sleep in toddlers. *Frontiers*, 5, 158. doi: 10.3389/fpsy.2014.00158
- 📖 Bernier, A., **Bélanger, M-E.**, Tarabulsy, G.M., Simard, V., & Carrier, J. (2014). My mother is sensitive, but I am too tired to know: Child sleep as a moderator of relations between maternal sensitivity and child outcomes. *Infant Behavior and Development*, 37, 682-694. doi: 0.1016/j.infbeh.2014.08.011
- 📖 Bernier, A., Matte-Gagné, C., **Bélanger, M-E.**, & Whipple, N. (2014). Taking stock of two decades of attachment transmission gap: A look beyond maternal sensitivity. *Child Development*, 85, 1852-1865. doi: 10.1111/cdev.12236
- 📖 **Bélanger, M-E.**, Bernier, A., Paquet, J., Simard, V., & Carrier, J. (2013). Validating actigraphy as a measure of sleep for preschool children. *Journal of Clinical Sleep Medicine*, 9, 701-706.
- 📖 Bernier, A., **Bélanger, M-E.**, Bordeleau, S & Carrier, J. (2013). Mothers fathers and toddlers: Parental psychosocial functioning as a context for young children's sleep. *Developmental Psychology*, 49, 1375-1384. doi: 10.1037/a0030024
- 📖 Simard, V., Bernier, A., **Bélanger, M-E.**, & Carrier, J. (2013) Infant attachment and toddlers' sleep assessed by maternal reports and actigraphy: Different measurement methods yield different relations. *Journal of Pediatric Psychology*, 38, 473-483. doi: 10.1093/jpepsy/jst001
- 📖 **Bélanger, M-E.**, Simard, V., Bordeleau, S., & Bernier, A. (2011). La main qui berce l'enfant : Attachement, pratiques parentales et sommeil durant l'enfance. *Revue Québécoise de Psychologie*, 32(2), 37-56.
- 📖 **Bélanger, M-E.** (2009) L'intégration de l'identité des jumeaux identiques : son influence sur l'estime de soi et sur l'attachement. *Journal sur l'identité, les relations interpersonnelles et les relations intergroupes*, 2, 34-39.

Conference presentations

-  **Bélanger, M-E.**, Bernier, A., Simard, V., & Carrier, J. (March 2015). *Investigating the convergence between actigraphy, maternal sleep diaries and the Child Behavior Checklist as measures of sleep in toddlers*. Poster presented at the Society of Research of Child Development, Philadelphia, USA.
-  Bouvette-Turcot, A-A., Bernier, A., & **Bélanger, M-E.**, (March 2015). *Links between maternal adversity and child executive functioning: The protective role of paternal psychological adjustment*. Symposium presented at the Society of Research of Child Development, Philadelphia, USA.
-  Desrosiers, K., **Bélanger, M-E.**, & Bernier, A. (March 2015). *Sommeil chez le jeune enfant : Implications pour le développement des conduites agressives*. Poster presented at the Société Québécoise pour la Recherche en Psychologie, Gatineau, Canada.
-  **Bélanger, M-E.**, Bernier, A., Simard, V., & Carrier, J. (July 2014). Infant security of attachment and subsequent cognitive development: The moderating role of sleep. Poster submitted at the International Society on Infant Studies, Berlin, Germany.
-  Bernier, A., **Bélanger, M-E.**, Simard, V., & Carrier, J. (July 2014). Happy parents, well-rested babies: Maternal and paternal well-being as predictors of infant sleep. Symposium submitted at the International Society on Infant Studies, Berlin, Germany.
-  Bernier, A., Matte-Gagné, C., **Bélanger, M-E.**, & Whipple, N. (July 2014). A wider view of maternal caregiving behavior: Considering support for child exploration. Poster submitted at the International Society on Infant Studies, Berlin, Germany.
-  **Bélanger, M-E.**, Bernier, A., Simard, V., & Carrier, J. (April 2013). Maternal depression as a source of discrepancy between objective and subjective sleep measures in young children. Poster presented at the Society of Research of Child Development, Seattle, USA.
-  Bernier, A., **Bélanger, M-E.**, & Tarabulsy, G. (April 2013). My mom is sensitive, but I'm too tired to know: Child sleep moderates the links between maternal sensitivity and child outcomes. Symposium presented at the Society of Research of Child Development, Seattle, USA.
-  Bernier, A., **Bélanger, M-E.**, Simard, V., Bordeleau, S. & Carrier, J. (April 2013). Attachment and sleep among preschoolers: Disentangling attachment security and dependency. Symposium presented at the Society of Research of Child Development, Seattle, USA.
-  **Bélanger, M-E.**, Bernier, A., Carrier, J., & Simard, V. (March 2013). Attachement et sommeil chez les enfants d'âge préscolaire : L'apport unique de la sécurité d'attachement. Symposium submitted at the Société Québécoise pour la Recherche en Psychologie, Montréal, Canada.
-  **Bélanger, M-E.**, Simard, V., Carrier, J., & Bernier, A. (July 2012). Stressful life events as factors explaining the discrepancy between objective and subjective measurements of sleep in young children. Poster submitted at the International Society for the Study of Behavioural Development, Edmonton, Canada.
-  **Bélanger, M-E.**, Bordeleau, S., Bernier, A., & Carrier, J. (June 2012). Does parental psychosocial adjustment in infancy influence subsequent toddlers' sleep consolidation? Poster submitted at the International Society on Infant Studies, Minneapolis, USA.

- 📖 **Bélanger, M-E.**, Bordeleau, S., Carrier, J., & Bernier, A. (October 2011). Paternal psychosocial adjustment and sleep consolidation in toddlers. Poster presented at the Sixth Annual Pediatric Sleep Medicine Conference, Florida, USA.
- 📖 **Bélanger, M-E.**, Bernier, A., Simard, V., Paquet, J., & Carrier, J. (September 2011). Validating actigraphy as a measure of sleep for preschool children. Poster presented at the World Association of Sleep Medicine and Canadian Sleep Society Congress, Quebec, Canada.
- 📖 Simard, V., **Bélanger, M-E.**, Bernier, A., Paquet, J., & Carrier, J. (September 2011). Overestimation of children's sleep quality by mothers of insecure-avoidant children. Poster presented at the World Association of Sleep Medicine and Canadian Sleep Society Congress, Quebec, Canada.
- 📖 **Bélanger, M-E.**, Simard, V., Carrier, J., & Bernier, A. (April 2011). Sleep Quality in Preschoolers: Links to attachment security and mother-child interactions. Poster presented at the Society of Research of Child Development, Montréal, Canada.
- 📖 **Bélanger, M-E.**, Bernier, A., Simard, V., Paquet, J., & Carrier, J. (March 2011). Validation de l'actigraphie comme mesure de sommeil chez les enfants âgés de 2 à 5 ans. Poster presented at the Société Québécoise de Recherche en Psychologie, Québec, Canada.
- 📖 **Bélanger, M-E.**, Simard, V., Bernier, A., Carrier, J., & Paquet, J. (March 2010). Qualité du sommeil des enfants en bas âge et attachement adulte maternel. Poster presented at the Société Québécoise pour la Recherche en Psychologie, Montréal, Canada.
- 📖 Simard, V., **Bélanger, M-E.**, Bernier, A., Carrier, J., & Paquet, J. (March 2010) Are avoidant children better sleepers? Poster presented at the International Conference on Infant Studies (ICIS), Baltimore, USA.
- 📖 **Bélanger, M-E.**, Ritvisay, L., Latreille, V., Bergeron, J., & Paquette, M. (May 2009). Attitudes intergénérationnelles vis-à-vis la consommation de cannabis et la conduite automobile. Poster presented at the Association Canadienne pour le Savoir, Ottawa, Canada.
- 📖 **Bélanger, M-E.**, Ritvisay, L., Latreille, V., Bergeron, J., & Paquette, M. (March 2009). Attitudes intergénérationnelles vis-à-vis la consommation de cannabis et la conduite automobile. Poster presented at the 5^{ième} journée scientifique annuelle du département de psychologie à l'Université de Montréal, Montréal, Canada.
- 📖 Ritvisay, L., **Bélanger, M-E.**, Latreille, V., Paquette, & M., Bergeron, J. (March 2009). Étude comparative des opinions vis-à-vis la consommation de cannabis et la conduite automobile entre trois générations. Poster presented at the Société Québécoise pour la Recherche en Psychologie, Ottawa, Canada.
- 📖 **Bélanger, M-E.**, Choute, S., Cormier, M., Mourad, N., & Woods, G. (March 2008). Les effets de l'intimidation scolaire et la mise en place de programmes d'intervention : réalité québécoise et pratiques courantes. Poster presented at the 4^{ième} journée scientifique annuelle du département de psychologie à l'Université de Montréal, Montréal, Canada.

Other presentations

- 📖 **Bélanger, M-E.** (Mai 2008). L'amusie. Présentation orale d'un atelier de vulgarisation scientifique lors du 24 heures de science portant sur l'amusie devant un auditoire de tous âges, Montréal, Canada.