

Prospective associations between attachment security in infancy and white matter structures in late childhood



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Introduction

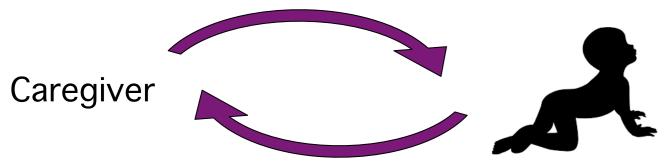
Parent-child attachment

- Child attachment behaviors: seek caregiver proximity
- Attachment quality: modulated by caregiver responses (ex. sensitivity)



Attachment security: Fluid balance between

1. Child exploration of the environment



2. Appropriate reliance on the caregiver for support when needed

Attachment security associated with

- Cognitive, social, and emotional development
- Brain morphology

Background

Attachment quality and grey matter volume (GMV)

- Higher attachment quality in infancy
- → Larger grey matter volume in frontal and temporal regions (our sample ¹)
- → Larger amygdalar GMV in adulthood ^{2, 3}

Attachment-related constructs and white matter volume (WMV)

- Higher parental sensitivity in early childhood → Larger total white matter volume ⁴
- Maltreated children vs. controls
- → Reduced total WMV ⁵
- → Reduced corpus callossum volume ⁶

No study has yet investigated the association between attachment security and WMV

The current study

- Preliminary analyses
- This study aimed to explore the associations between attachment security in infancy and regional and total WMV in late childhood in a community-based sample

Method

Participants

33 children (13 boys) and their mothers were assessed when children were

- •15 months (T1; M = 15.65, SD = 0.97, range = 14.50 18.00)
- •10 years (T2; M = 10.59, SD = 0.46, range = 10.0 11.67)

Measures

Attachment security (T1; Attachment Q-Sort ⁷)

- Observation 70-90 min at the family home
- 90 items: 9 clusters of 10 items each

Very unlike the observed child's behaviors

Very similar to the observed child's behaviors

- Ex: "Child clearly shows a pattern of using mother as a base from which to explore. Moves out to play; returns or plays near her; moves out to play again, etc"
- Observed sort is correlated to a criterion sort representing the prototypical securely attached child
 - Score: (highly insecure) -1 to 1(highly secure)
- ICC = .72

Structural Magnetic Resonance Imaging (T2)

Acquisition

• Standard 3D T1-weighted whole-brain protocol

Pre-processing

- CAT12 ⁸, MATLAB
- Pediatric template 9
- Smoothing 8 mm FWHM

SIEMENS

Statistical analyses

- Multiple regressions were performed in SPSS to predict total WMV based on attachment security
- Multiple regressions were performed in CAT12, MATLAB, to predict *regional* WMV based on attachment security
 - TFCE toolbox, FWE correction

Results

Total white matter volume

•Children more securely attached to their mother in infancy had smaller total WMV in late childhood ($\beta = -.22$, p = .001)

Regional white matter volume

Table 1. White matter regions negatively associated with attachment security, controlling for child age, sex, pubertal status, total ICV, and maternal education

MNI coordinates	k	Т
-12, 33, 14	8369	8.39
34, -12, 40	4640	5.39
_	-12, 33, 14	-12, 33, 14 8369

Notes. CC = corpus callosum. SLF = superior longitudinal fasciculus. p < .05, corrected.

- Children more securely attached to their mother in infancy have smaller WMV in several brain regions in late childhood
- No positive associations were found

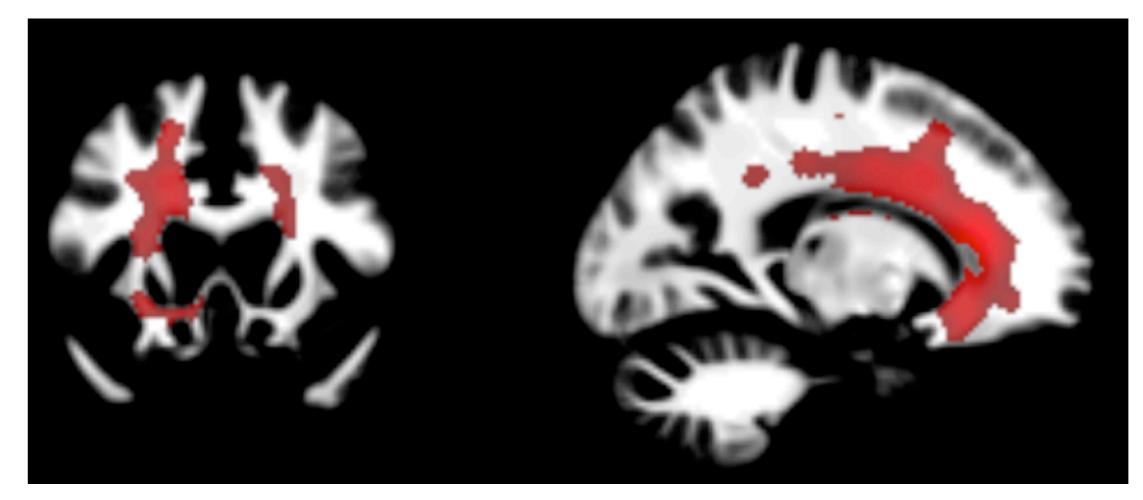


Figure 1. WMV in regions despicted in red are linked to attachment security

Conclusion

We expected that

- ↑ attachment: ↑ optimal brain development
- However, our results are inconsistent with past research
- WMV in late childhood is associated with adversity (maltreatment ^{5, 6}, preterm birth ¹⁰)
- Higher levels of parental sensitivity are linked to WMV 4

Proposed explanations

- •Smaller = Better? 11
 - → White matter tracts more specialized?
- •Developmental timing? 12
 - → WMV is increasing in late childhood
- Small sample size? (sampling error)
- \rightarrow Similar results with n = 41

Future directions DTI analyses

• Does smaller WMV reflect more specialized fiber tracts?

Explore associations between WMV and outcomes

• Does smaller WMV relate to better cognitive, social, and emotional outcomes?

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