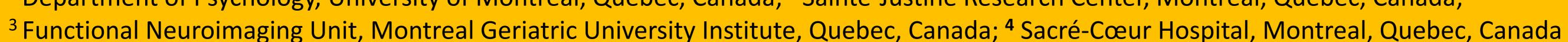
# EARLY PARENTING STRESS AS A PREDICTOR OF REGIONAL BRAIN VOLUMES AT AGE 10 YEARS

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#### INTRODUCTION

- Parenting stress (PS)

  ➤ Environmental factor related to parent and child functioning¹

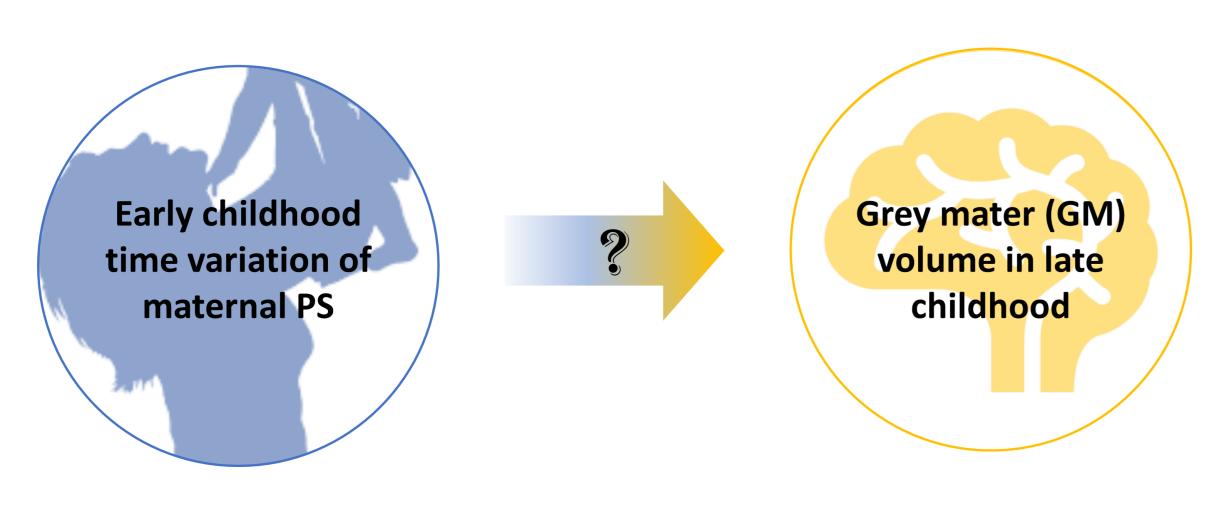
  Child outcomes

  ↑ child behavioral
  ↑ emotional problems

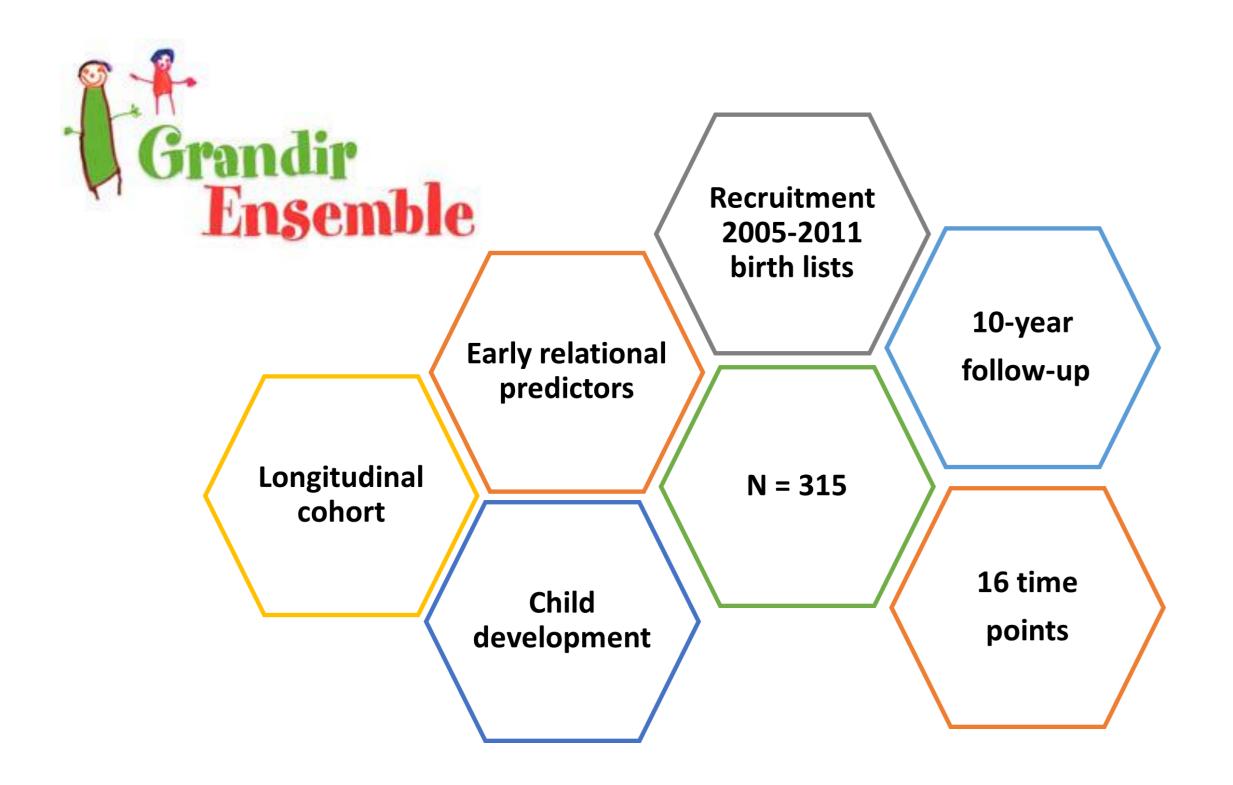
  Parenting stress

  Parent functioning

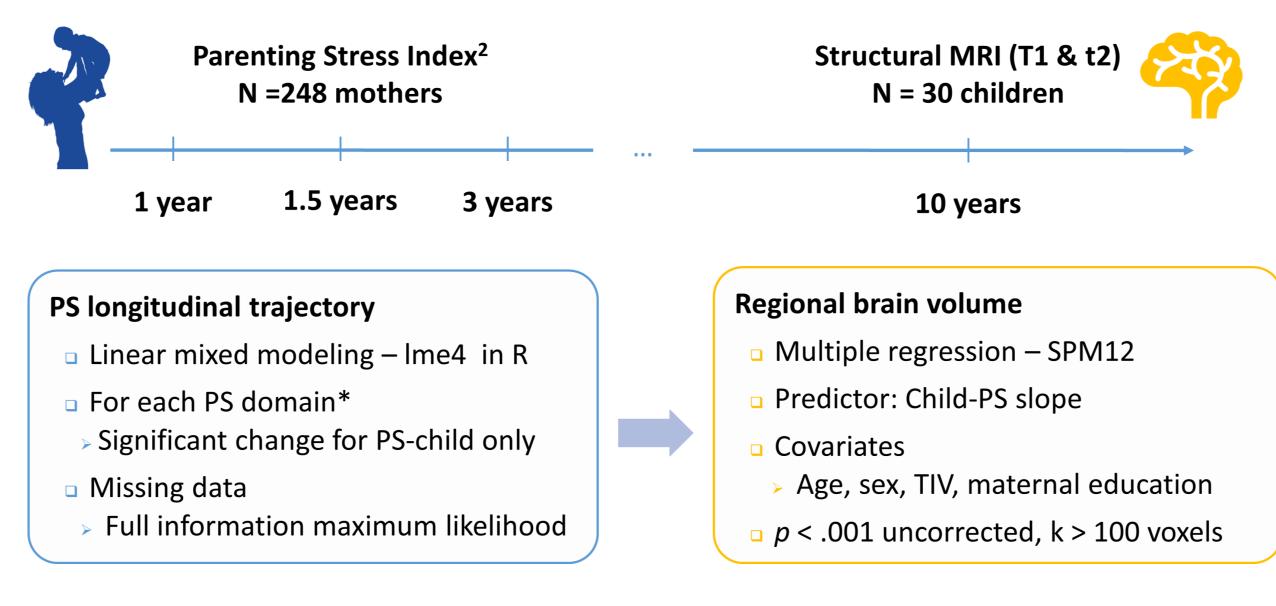
  ↓ psychological health
  ↑ marital conflict
  ↓ quality parenting
- PS varies across time as child, parents and family change<sup>1</sup>
- Longitudinal measurements of PS to assess time variability



# COHORT



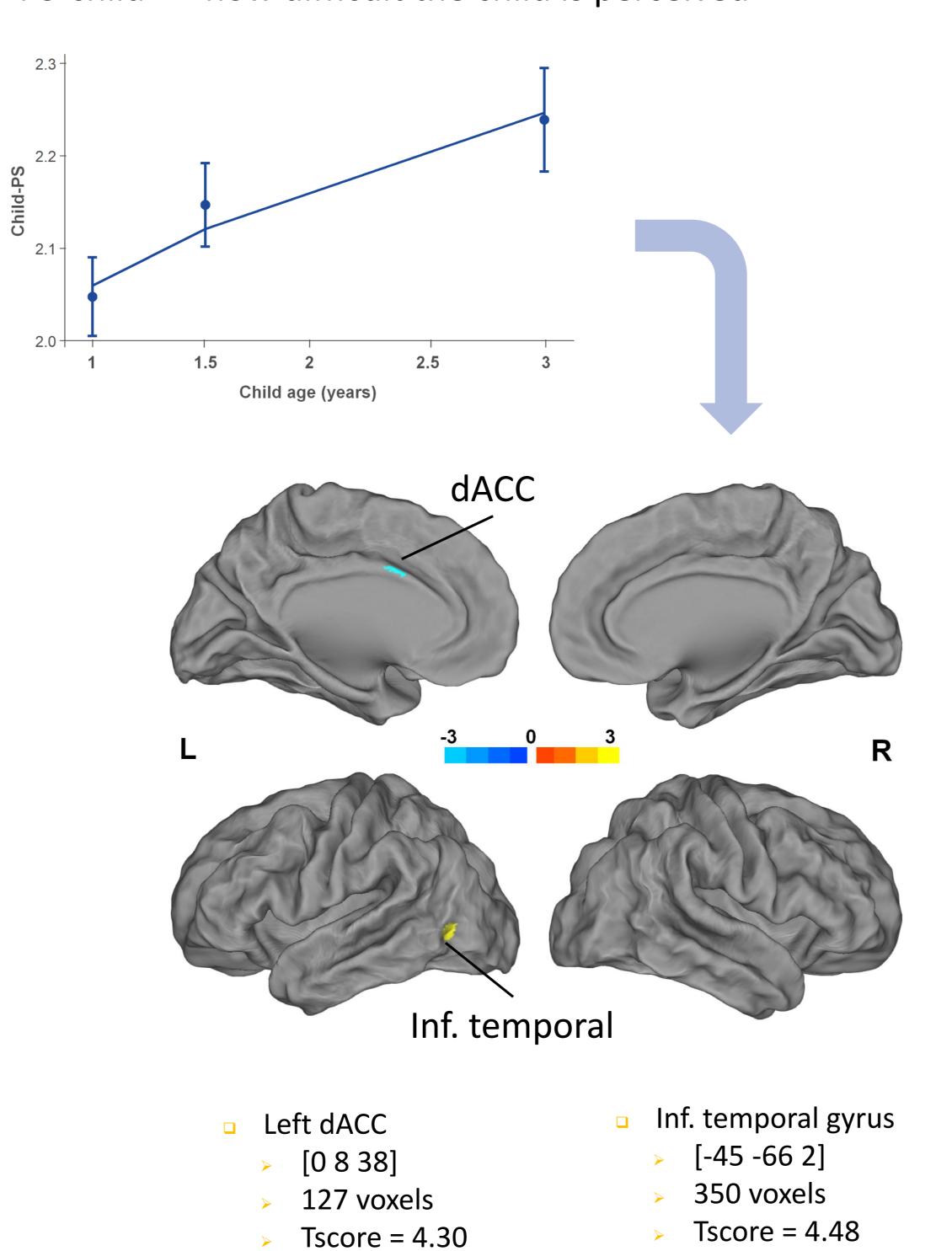
### **METHOD**



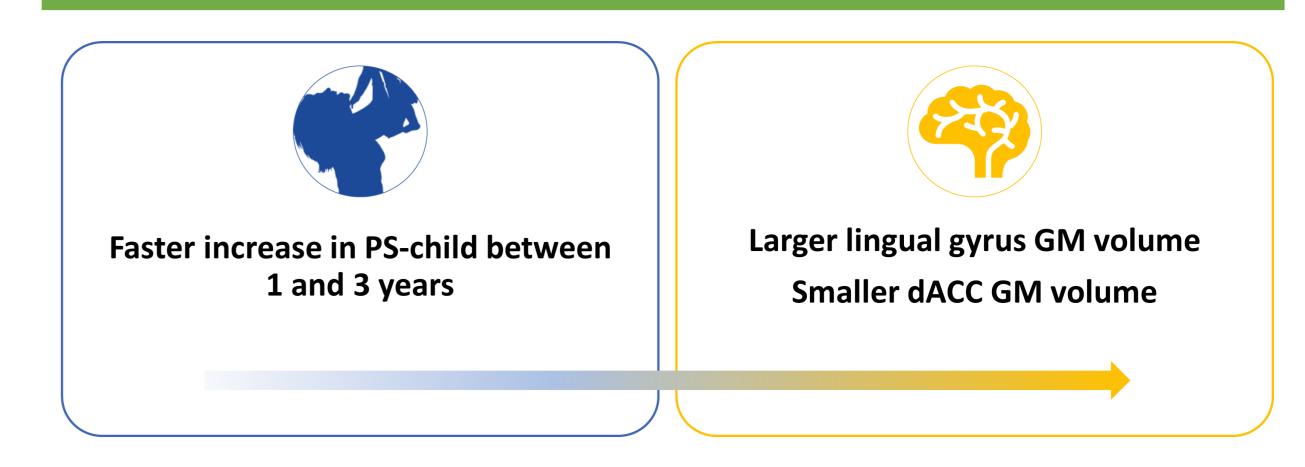
\* Parental Distress, Parent-Child Interaction and Difficult Child (PS-child)

# **RESULTS**

□ PS-child ⇔ how difficult the child is perceived



#### **DISCUSSION**



- □ ① PS-child could represent
  - → ↓ child self-regulatory abilities<sup>1,3</sup>
  - parental difficulties in gaining the child's cooperation or managing his/her behavior<sup>1,3</sup>
- □ Inf. temporal ⇔ visual recognition and semantic memory<sup>4</sup>
- □ dACC ⇔ cognitive reappraisal of negative emotion<sup>5</sup>

#### **CONCLUSION**

Albeit preliminary, this is the first evidence to suggest that variation in PS pertaining to child characteristics during early childhood may influence child grey matter volume in regions involved in emotion and cognition.

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